Mentor Profile Form

1. What do you hope to gain by being a mentor?

2. What are you looking for in your ideal protégé? What abilities, skills, personality characteristics, and knowledge areas would he or she have?

3. What are you hoping you can provide to your protégé? In what ways or areas can you help him or her the most?

4. What do you foresee as the major obstacles you will encounter in providing quality mentoring (e.g., time availability, travel schedule, location, work schedule)?

5. What knowledge, skills, and abilities have you developed during your career? (Check those that apply)
   - Influence
   - Planning & Organization
   - Adaptability
   - Oral Communication
   - Written Communication
   - Stress Tolerance
   - Interpersonal Skills
   - Change Management
   - Technical Knowledge: (List areas below)
   - Strategic Thinking
   - Leadership/Motivation
   - Coach & Develop Others
   - Problem Solving
   - Customer Focus
   - Teamwork
   - Decision Making
   - Delegation
   - Others (________________)
   
   A. What knowledge, skills, or abilities do you believe you excel at? (List from above)

6. What are your main hobbies and outside-of work interests?